



iSOSY

Instructional Services for Out-of-School and Secondary Youth

iSOSY Newsletter • Summer 2021

Volume 1, Issue 2

Director's Message

Member States:

Kansas
(Lead State)

Alabama

Arizona

Georgia

Illinois

Indiana

Iowa

Louisiana

Massachusetts

Michigan

Mississippi

Nebraska

New Mexico

New York

North Carolina

Pennsylvania

South Carolina

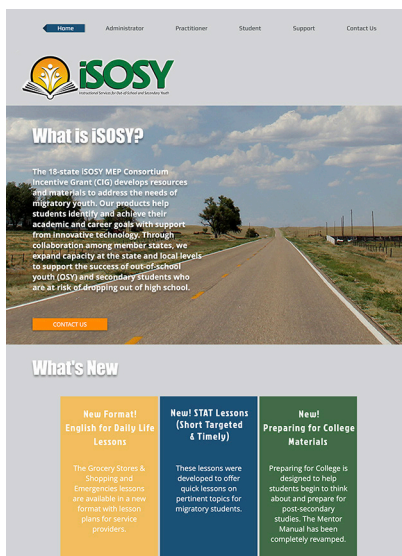
Vermont

Year 1 of iSOSY has been nothing short of remarkable thus far. The level of creativity and hard work has exceeded every expectation – especially in light of the difficulty we all have faced given the pandemic and its effects. Our TST work groups embraced the venue of virtual meetings, making it all come together such that we have new resources being produced that are among the best things ever created by this consortium.

Thanks to the hard work of our member states, we now have expanded COVID-19 lessons, a new Personal Wellness module developed to address suicide prevention, a revised Mentor Manual for the Preparing for College materials, three initial lessons for the new STAT (Strategic Targeted and Timely) Lesson format, and two newly formatted English for Daily Life lessons (Shopping and Emergencies) all available on our newly revamped website. Take a look inside as we highlight these and a few more of the exciting new things happening through iSOSY.

One of my favorite parts of this job is working with so many talented people dedicated to reaching our migratory students in the best ways possible. Don't hesitate to let me know what you are thinking. Please reach out to me any time at traciekalic@gmail.com.

~ Tracie Kalic, iSOSY Director



We are pleased to introduce the newly revamped iSOSY website at www.osymigrant.org. Much time and research went into the new design. You'll find all of the tools and resources we have always hosted on the site, along with new materials. You'll find user-friendly navigation through the many different tools that iSOSY offers service providers, resulting in more and better services for all migratory students.

Your feedback was vital to this project, and we ask that you continue to send your ideas and suggestions as you dive into using the website during Summer 2021 services and beyond. The site exists to make things easier for you to do your job, and it's our hope that we continue working together to ensure that happens!

Join us for a webinar on July 21 at 10:00 am (CST) that will walk participants through the site and all it has to offer. More info will be sent via email the week prior to the webinar.

Coaching & Training Institute Introduces SIOP Approach to New iSOSY Tools

Members of iSOSY's Technical Support Team participated in a Coaching & Training Institute over the course of two days in late May. The purpose of the event was to delve deeply into new materials so that the participants could return to their states and train other service providers on these important new tools.

There were 30 attendees who were provided with a thorough overview of the following:

- Three STAT Lessons – Working on a Dairy, Fast Food, Staying in a Hotel
- Two newly formatted lessons in English for Daily Life – Grocery Stores & Shopping and Emergencies
- Newly updated Mentor Manual Preparing for College
- Personal Wellness Training Package's new Suicide Prevention Module

After the overviews, participants divided into small groups that were each assigned a different lesson to discuss and develop a lesson plan. At the end of the event, each small group “taught” their lesson to the group at large and discussed important principles related to the materials.

A template was created that used insights based on the Sheltered Instruction Observation Protocol (SIOP), a research-based method of instruction targeted toward meeting the academic needs of English language learners. SIOP consists of instructional features that include eight aspects of lesson design and delivery: Lesson Preparation, Building Background, Comprehensible Input, Strategies, Interaction, Practice & Application, Lesson Delivery, and Review & Assessment.



New Summer Materials are Launched!

STAT Lessons

The iSOSY Curriculum and Materials Work Group identified the need for a quick way to provide services to busy students who often do not have time for a more formal meeting to concentrate on longer lessons. The effort resulted in iSOSY's new STAT (Short Targeted and Timely). Lessons that were designed to address topics pertinent to the lives of most migratory students.

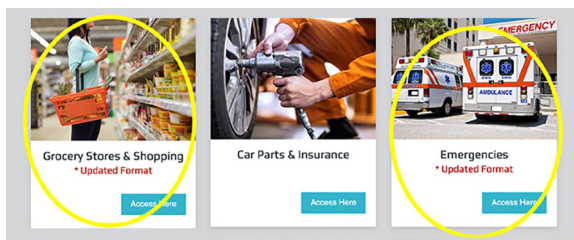


Three STAT Lessons – Working on a Dairy, Fast Food, and Staying in a Hotel – are now available with more in development. Included are lesson plans, pre- and post-tests, vocabulary, and interactive activities. They are designed to be delivered in 30-60 minute sessions and can be accessed as either online or paper versions.

*STAT Lessons are found on both the Life Skills Lessons and ELL pages of the iSOSY website.

English for Daily Life Lesson Updates

Two of the six English for Daily Life lessons have been updated to include detailed information about suggested lesson plans. Both the Grocery Stores & Shopping and the Emergencies lessons are now available, with the others currently in development to receive the same re-formatting.



Service providers will find detailed lesson plans with live links to all of the interactive practice activities that include online flashcards, vocabulary recordings, games, and practice activities. The plan is flexible – designed to be used as a daily progression, or equally well as a pick-and-choose with different topics to address with students as appropriate.

*English for Daily Life Lessons are found on the ELL page of the iSOSY website.

Preparing for College Mentor Manual Update

The Preparing for College resource was first created in 2008 to introduce migratory students to their post-secondary education options. It was rewritten by the National PASS Center in 2018 and recently the Mentor Manual received a complete update to better enable service providers to use the materials to their maximum value.



The new Mentor Manual highlights for instructors what they should know before presenting the materials to their students and how best to teach them. It offers preparatory material and planning tips, as well as how to address anticipated challenges.

*Preparing for College is found on the HSE/Post-Secondary Resources page of the iSOSY website.

Suicide Prevention – What You Need to Know

When the Personal Wellness Work Group began its work several years ago, the topic of suicide in the migratory student population was discussed at length. The subject is very important – especially considering that teenage Latina females have the highest rate of suicide attempts. The group devoted extensive time to researching the best ways to understand suicide, its warning signs, and action steps that service providers can realistically take to help save lives.

The eighth module of the Personal Wellness Training Package follows the same format as the others and offers a guide, a training PowerPoint presentation, and a collection of activities. All are designed to highlight several important points:

- The majority of people know someone who has attempted suicide or died by suicide.
- Simply starting a conversation may be the most important thing we can do.
- Everyone should know where to refer someone who needs assistance.
- Knowing the risk factors of depression is an important part of understanding the warning signs of suicide.
- It is very important to understand cultural responsiveness in the area of suicide prevention.
- There are multiple resources available to help us talk about suicide and understand our role in helping to prevent it in the lives of those we know.



NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)
suicidepreventionlifeline.org

WARNING SIGNS OF SUICIDE:
The behaviors listed below may be some of the signs that someone is thinking about suicide.

TALKING ABOUT:

- ▷ Wanting to die
- ▷ Great guilt or shame
- ▷ Being a burden to others

FEELING:

- ▷ Empty, hopeless, trapped, or having no reason to live
- ▷ Extremely sad, more anxious, agitated, or full of rage
- ▷ Unbearable emotional or physical pain


CHANGING BEHAVIOR, SUCH AS:

- ▷ Making a plan or researching ways to die
- ▷ Withdrawing from friends, saying good bye, giving away important items, or making a will
- ▷ Taking dangerous risks such as driving extremely fast
- ▷ Displaying extreme mood swings
- ▷ Eating or sleeping more or less
- ▷ Using drugs or alcohol more often

If these warning signs apply to you or someone you know, get help as soon as possible, particularly if the behavior is new or has increased recently.

National Suicide Prevention Lifeline
1-800-273-TALK

Crisis Text Line
Text "HELLO" to 741741

 **NIH** National Institute of Mental Health

www.nimh.nih.gov/suicideprevention
NIMH Identifier No. CM 19-4376

Georgia Serves up Lonchera Lessons

The Georgia MEP created a new set of lessons that are focused on STEAM topics and can be delivered in a short amount of time. The five lessons, dubbed Lonchera (Spanish for “lunchbox”) indicating that they can occur during the short span of a typical lunch break, include the following:

- Science (Wash Your Hands and Get Rid of Germs)
- Technology (Goal Setting)
- Engineering (ACREs Addition and Subtraction with Integers)
- Art (My Life Book from Goal Setting)
- Math (ACREs Addition and Subtraction with Integers)

In a creative twist, service providers are encouraged to prepare materials ahead of time and place them in a lunch box that can be gifted to the OSY upon completion of the project.

Lesson plans include English Language Focus and Content Focus and assessments are part of each lesson.

If you are interested in the Lonchera materials, please contact the developers Miriam Ndaayezwi at mndaayez@doe.k12.ga.us or Sabrina Rivera-Pineda at SPineda@doe.k12.ga.us.

Pictured are Baker County OSY with Consortium Specialist Maria Velazquez.

